

# Preventing neuromas in amputees

Harvey Chim, MD FACS

Associate Professor

Division of Plastic and Reconstructive Surgery

University of Florida College of Medicine



# The problem

- 2 million amputees in USA
  - About 185,000 amputations per year
  - 95% reported experiencing 1 or more types of amputation-related pain in the past 4 weeks
  - 50 to 80% with chronic phantom limb pain
- 
- Ziegler-Graham K et al. Estimating the prevalence of limb loss in the United States: 2005 to 2050. Arch Phys Med Rehabil. 2008;89:422-29.
  - Ephraim PL, et al. Phantom pain, residual limb pain and back pain in amputees: Results of a national survey. Arch Phys Med Rehabil. 2005;86:1910-19.
  - Schley MT, et al. Painful and nonpainful phantom and stump sensations in acute traumatic amputees. J Trauma. 2008;65:858-64.
  - Richardson C, Kulkarni J. A review of the management of phantom limb pain: challenges and solutions. J Pain Res. 2017;10:1861-70


# Phantom limb pain

- 53% of patients with PLP and 38% with severe PLP had never been diagnosed or treated
- Many patients may develop pain later following discharge from routine follow-up

- Hanley MA, et al. Self-reported treatments used for lower-limb phantom pain: descriptive findings. Arch Phys Med Rehabil. 2006;87:270-77.

# Paradigm shift in treatment of neuromas

Passive/ Ablative	Active/ Reconstructive
Excision only	Targeted muscle reinnervation
Traction neurectomy	
Excision and implantation (muscle, bone)	





# Targeted muscle reinnervation

- Amputees have blind-ending nerve stumps which keep growing without a target and can become painful
- **Surgical technique** which:
  - Improves post amputation nerve pain
  - Allows operation of advanced myoelectric prostheses
- **Idea**: redirect mixed nerve endings into end motor nerves/ neuromuscular junction

## **The use of targeted muscle reinnervation for improved myoelectric prosthesis control in a bilateral shoulder disarticulation amputee**

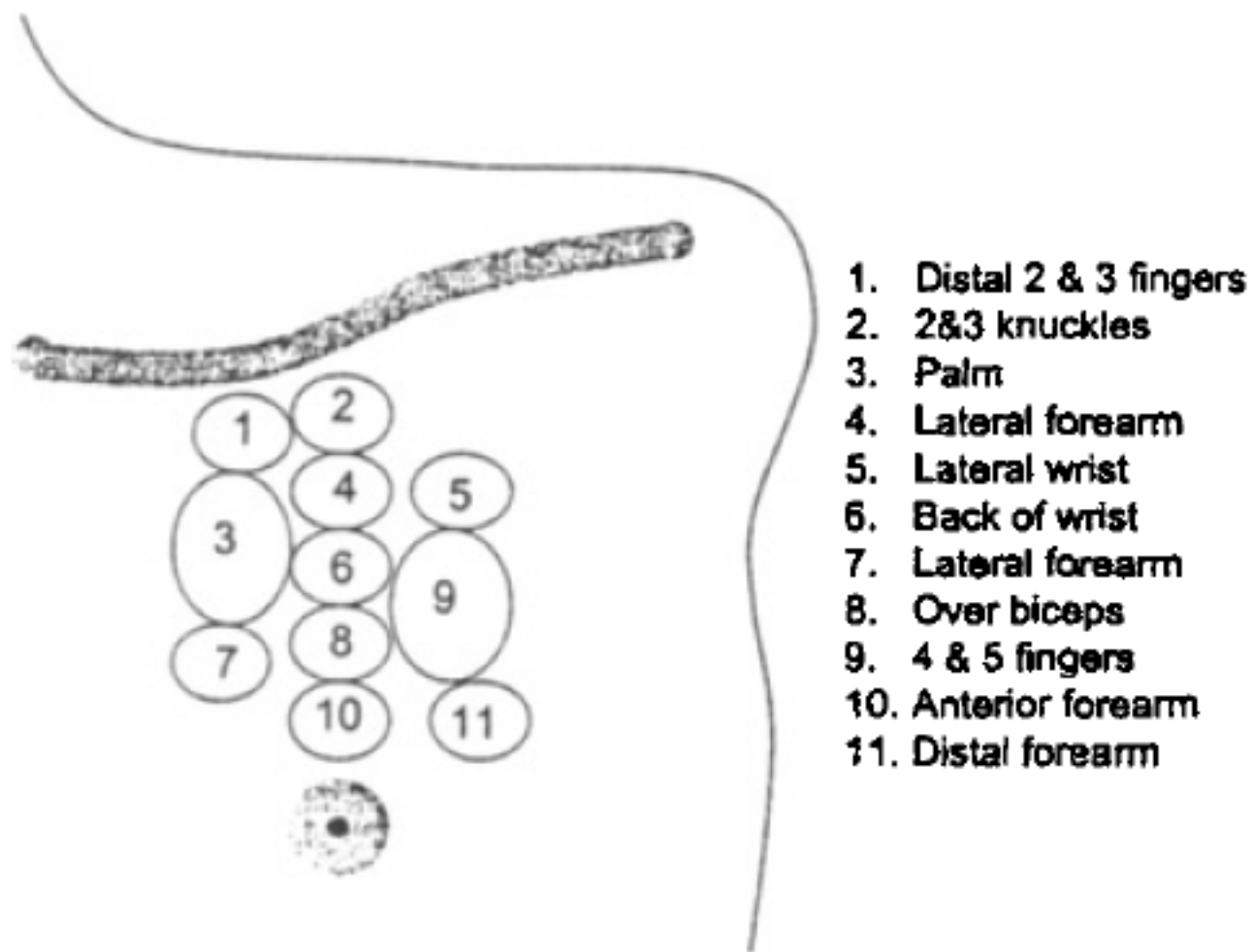
**T. A. KUIKEN<sup>\*/\*\*</sup>, G. A. DUMANIAN<sup>\*\*\*</sup>, R.D. LIPSCHUTZ\*, L.A. MILLER\*  
and K.A. STUBBLEFIELD\***

*\*Rehabilitation Institute of Chicago and the Department of PM&R at Feinberg School of Medicine,  
Northwestern University, Chicago, Illinois, USA*

*\*\*The Electrical and Computer Engineering Department of Northwestern University, Evanston, Illinois, USA*

*\*\*\*The Department of Surgery, Division of Plastic Surgery, Feinberg School of Medicine,  
Northwestern University, Chicago, Illinois, USA*

a daily basis. After approximately 3 months the patient noticed his first voluntary 'twitches' in his pectoralis muscle when he tried to bend his missing elbow. By 5 months he could activate 3 different areas of his pectoralis major muscle. Trying to flex his phantom elbow would cause a strong contraction of the muscle area just beneath the clavicle. This was consistent with musculocutaneous nerve reinnervation. Closing his phantom hand caused a moderate contraction in the mid-region of the pectoralis major, consistent with median nerve reinnervation. Extending his elbow and hand caused a palpable contraction of the lower pectoralis muscle, consistent with radial nerve reinnervation. No contraction could ever be appreciated on the lateral chest wall indicating that the ulnar nerve to pectoralis minor anastomosis was unsuccessful.



**Fig. 2.** Diagram of sensory reinnervation of anterior chest wall indication where touching the patient produced sensation in his phantom arm.

# Targeted reinnervation for enhanced prosthetic arm function in a woman with a proximal amputation: a case study



Todd A Kuiken, Laura A Miller, Robert D Lipschutz, Blair A Lock, Kathy Stubblefield, Paul D Marasco, Ping Zhou, Gregory A Dumanian

## Summary

**Background** The function of current artificial arms is limited by inadequate control methods. We developed a technique that used nerve transfers to muscle to develop new electromyogram control signals and nerve transfers to skin, to provide a pathway for cutaneous sensory feedback to the missing hand.

**Methods** We did targeted reinnervation surgery on a woman with a left arm amputation at the humeral neck. The ulnar, median, musculocutaneous, and distal radial nerves were transferred to separate segments of her pectoral and serratus muscles. Two sensory nerves were cut and the distal ends were anastomosed to the ulnar and median nerves. After full recovery the patient was fit with a new prosthesis using the additional targeted muscle reinnervation sites. Functional testing was done and sensation in the reinnervated skin was quantified.

**Findings** The patient described the control as intuitive; she thought about using her hand or elbow and the prosthesis responded appropriately. Functional testing showed substantial improvement: mean scores in the blocks and box test increased from 4.0 (SD 1.0) with the conventional prosthesis to 15.6 (1.5) with the new prosthesis. Assessment of Motor and Process Skills test scores increased from 0.30 to 1.98 for motor skills and from 0.90 to 1.98 for process skills. The denervated anterior chest skin was reinnervated by both the ulnar and median nerves; the patient felt that her hand was being touched when this chest skin was touched, with near-normal thresholds in all sensory modalities.

**Interpretation** Targeted reinnervation improved prosthetic function and ease of use in this patient. Targeted sensory reinnervation provides a potential pathway for meaningful sensory feedback.

*Lancet* 2007; 369: 371–80

See [Comment](#) page 345

Neural Engineering Center for Artificial Limbs, Rehabilitation Institute of Chicago, Chicago, IL 60611, USA

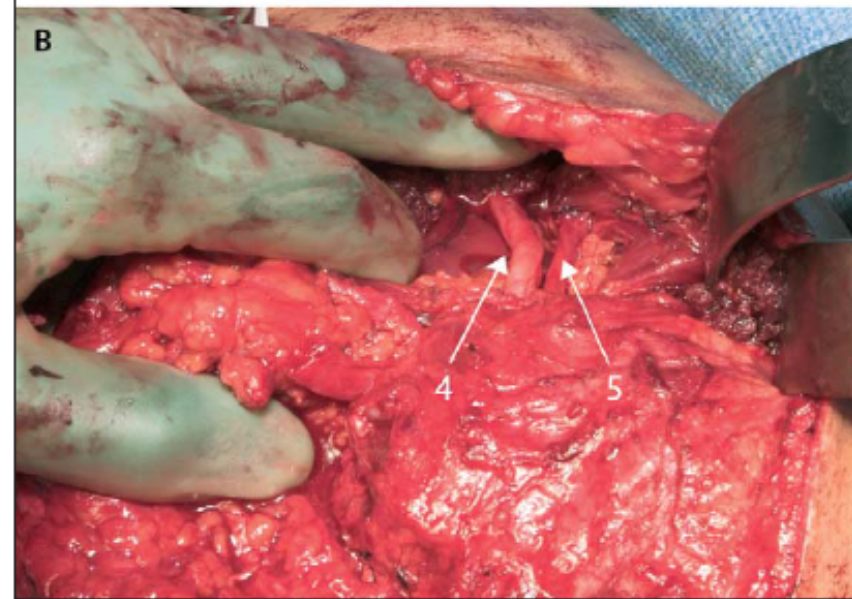
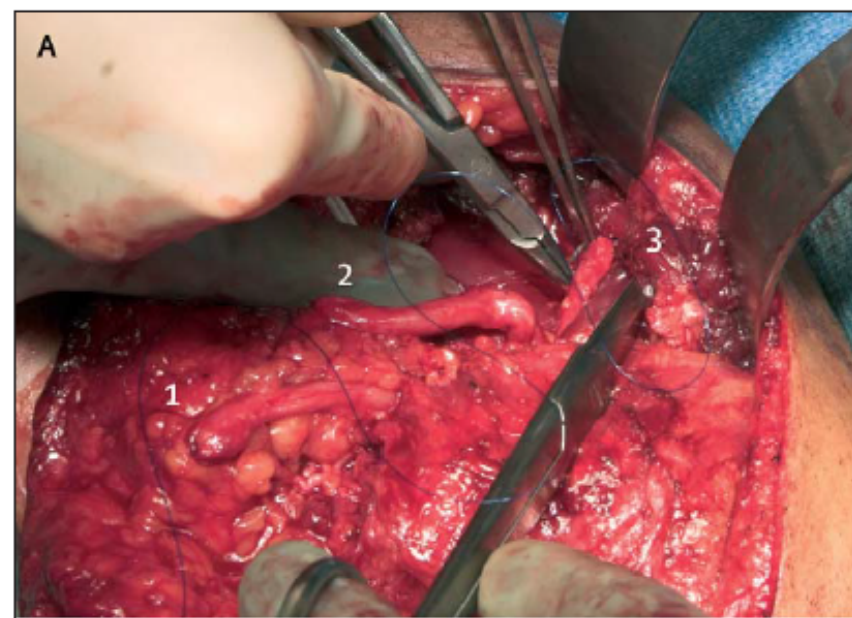
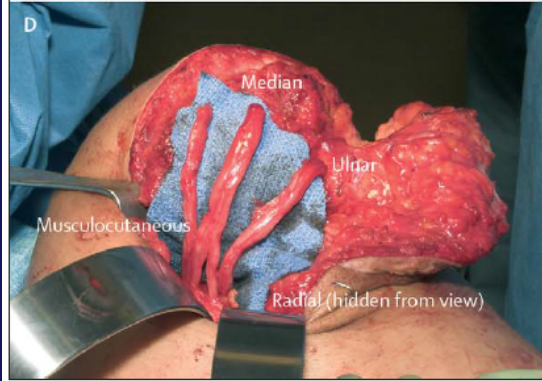
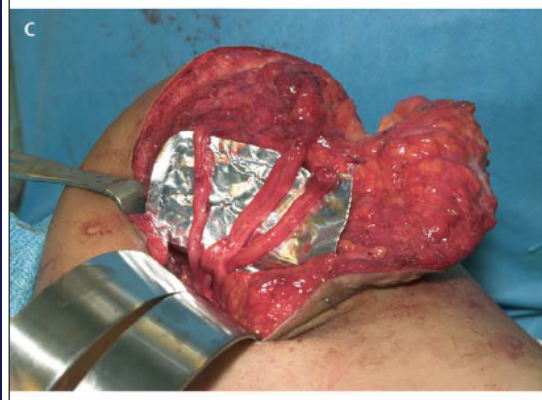
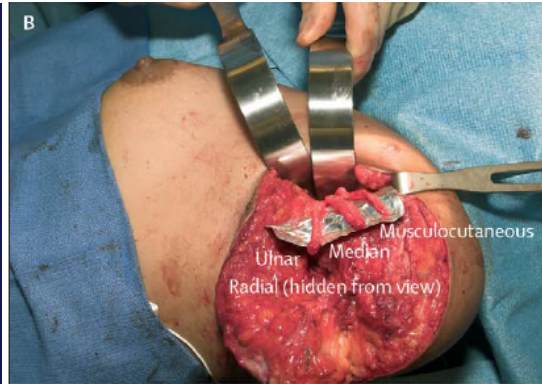
(Prof T A Kuiken MD, Prof G A Dumanian MD, Prof L A Miller PhD, R D Lipschutz CP, B A Lock MS, K Stubblefield OT, P D Marasco PhD, Prof P Zhou PhD); Department of Physical Medicine and Rehabilitation (T A Kuiken, L A Miller, P Zhou) and Department of Surgery, Division of Plastic Surgery (G A Dumanian), Feinberg School of Medicine, Northwestern University, Chicago, IL, USA; and Biomedical Engineering Department, Northwestern University, Evanston, IL, USA



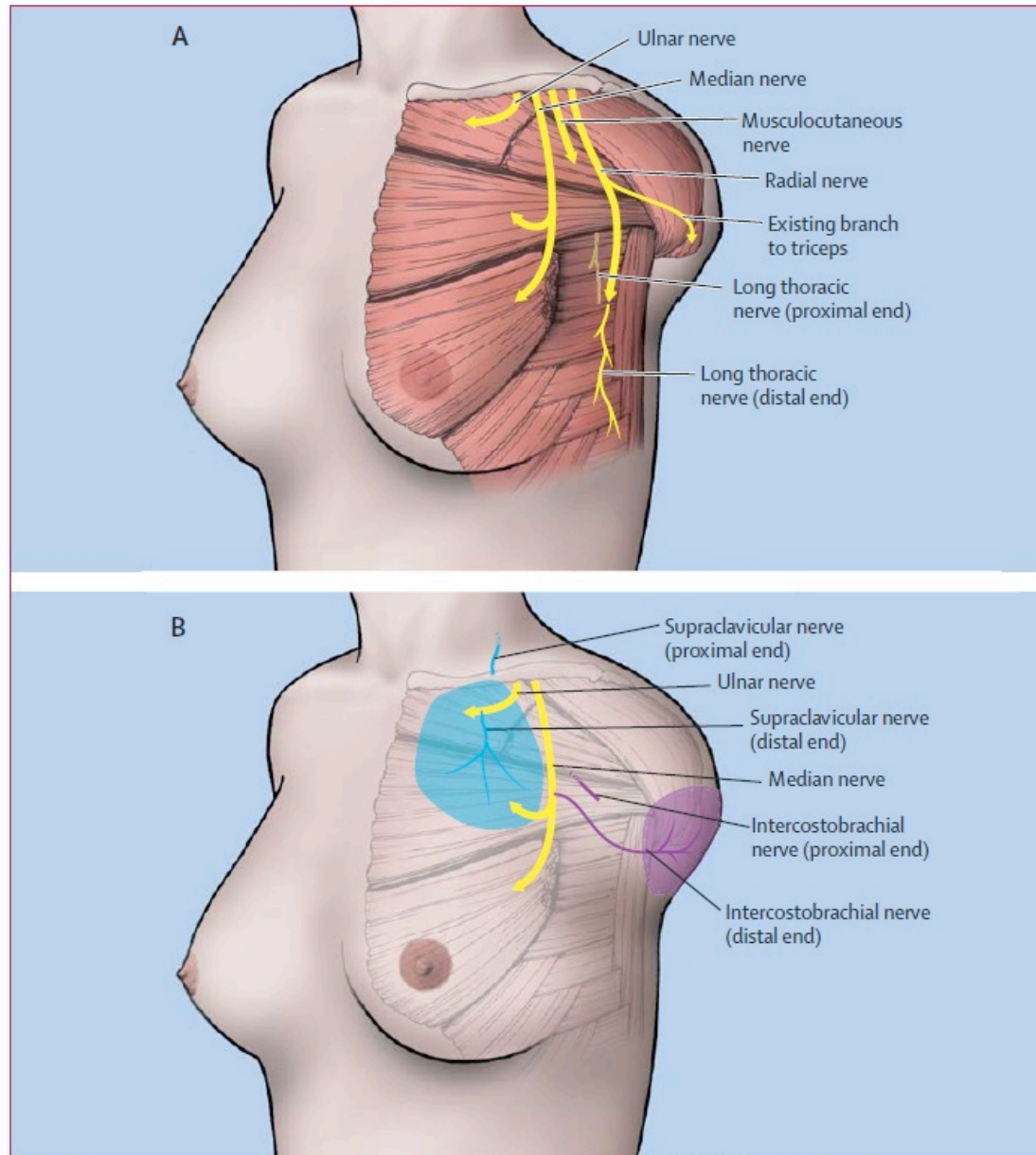
## Methods

### Patient

The patient was a 24-year-old woman who had a traumatic transhumeral amputation in May, 2004, due to a motorcycle accident. She had severe phantom limb pain



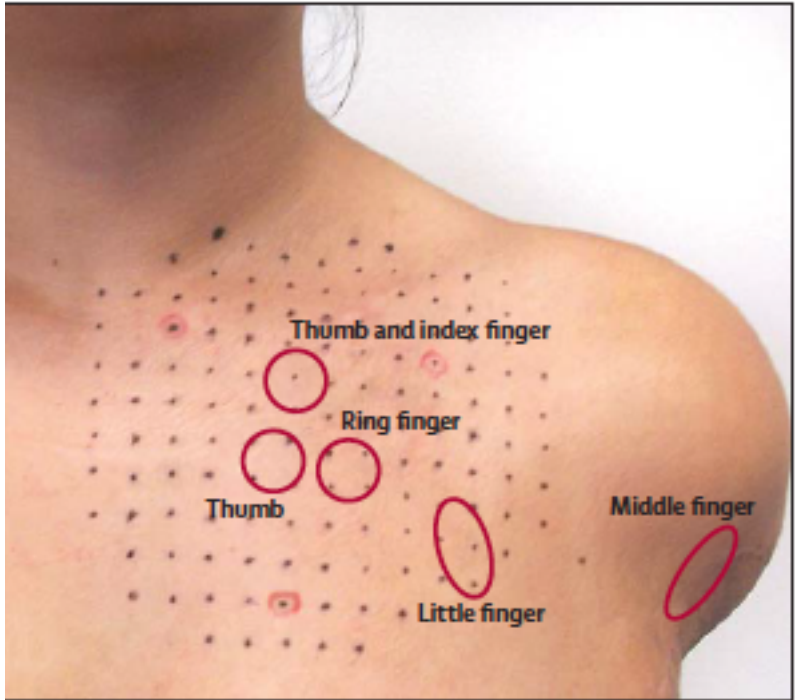
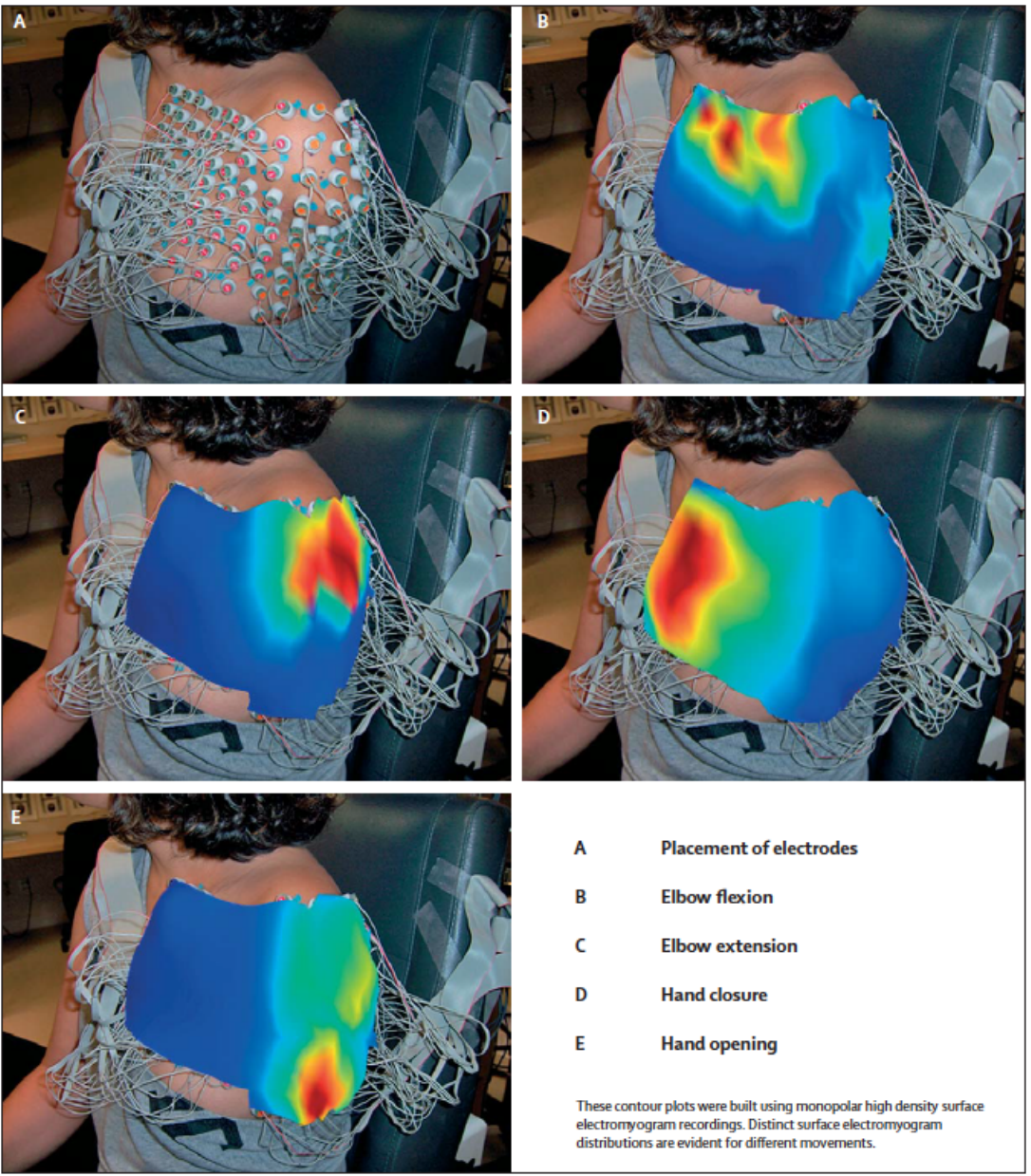
**Figure 3: Coaptation of nerves to pectoralis major**  
(1) Ulnar nerve. (2) Median nerve. (3) Coaptation of musculocutaneous nerve to clavicular head of pectoralis major. (4) Coaptation of median nerve to sternal portion of pectoralis major. (5) Coaptation of musculocutaneous nerve to clavicular head of pectoralis major.



**Figure 7: Diagram of targeted reinnervation surgery**

(A) Targeted muscle reinnervation. The musculocutaneous, ulnar, and median nerves were transferred to separate segments of the pectoralis major muscle. The long thoracic nerve innervating the inferior three slips of serratus anterior was divided and the distal segment was coapted to the radial nerve. (B) Targeted sensory reinnervation. The supraclavicular cutaneous nerve was cut and the distal segment was coapted to the side of the ulnar nerve. The intercostobrachial cutaneous nerve was cut and the distal end was coapted to the side of the median nerve.





**1:** Map of areas that the patient perceived as distinctly different in response to touch

Figure 9: Map of surface electromyogram amplitude for four different movements



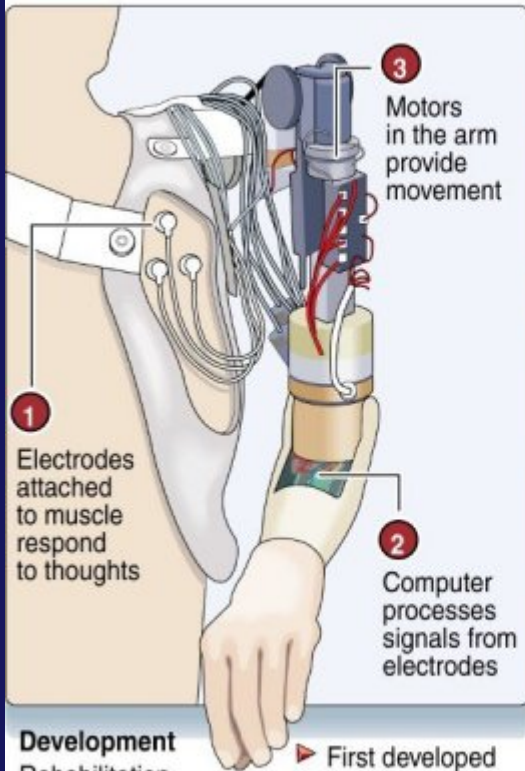


**Figure 10:** Experimental prosthesis consisting of a motorised elbow, wrist, and hand, with passive shoulder components

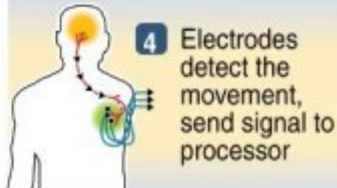
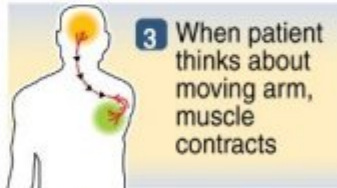
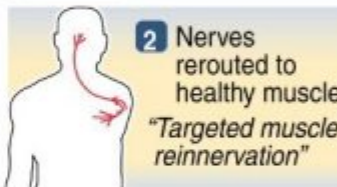
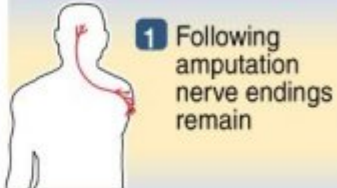
# Jesse Sullivan

## Mind-controlled bionic arm

A mechanical prosthetic controlled by thought



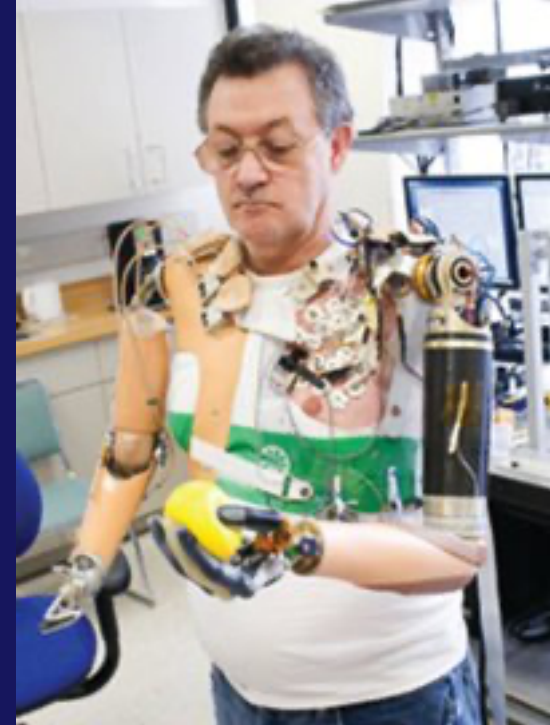
### Sending the message



**Development**  
Rehabilitation Institute of Chicago  
Project leader:  
Dr Todd Kuiken

- ▶ First developed in 2002
- ▶ Fitted onto more than 50 amputees

Source: RIC **AFP**



Jesse Sullivan and Claudia Mitchell demonstrate the capabilities of their RIC six-motor, neural-controlled prosthetic arms with a high five.  
Photo courtesy of the Rehabilitation Institute of Chicago.

# Targeted muscle reinnervation

- Allows prostheses with more degrees of freedom
- Allows intuitive, simultaneous control of multiple joints in an advanced prosthesis



- John Matheny
- First patient at JHH to undergo TMR
- Osseointegrated prosthesis

# Targeted muscle reinnervation

- Surgical procedure used to improve intuitive control of upper and lower limb prostheses
- Residual mixed nerves from amputated limbs are transferred to reinnervate new muscle targets that have lost their function
- Reinnervated muscles serve as **biological amplifiers** of motor signals
- EMG signals interpreted using advanced pattern recognition (APR) algorithms
- Allowing **intuitive prosthesis control**
- Ability to perform **simultaneous movements** with multiple degrees of freedom

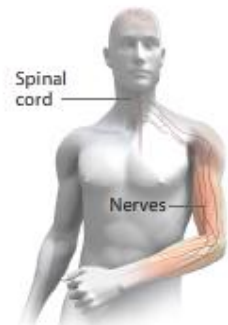


# Closing in on a Lifelike Limb

THE ABILITIES OF TODAY'S PROTO 1 BIONIC ARM WILL TRIPLE IN THE NEXT PROTOTYPE.

## HUMAN ARM 22+ MOVEMENTS

From the shoulder to a finger's last joint, an arm has at least 22 points of movement. Nerves carry the brain's instructions from the spinal cord to the muscles.



## TRADITIONAL PROSTHESIS 3 MOVEMENTS

Still the only device available to most amputees, the pincer-hand prosthesis relies on cables moved by pressing levers on a harness with the chin or other arm.



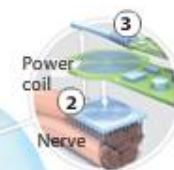
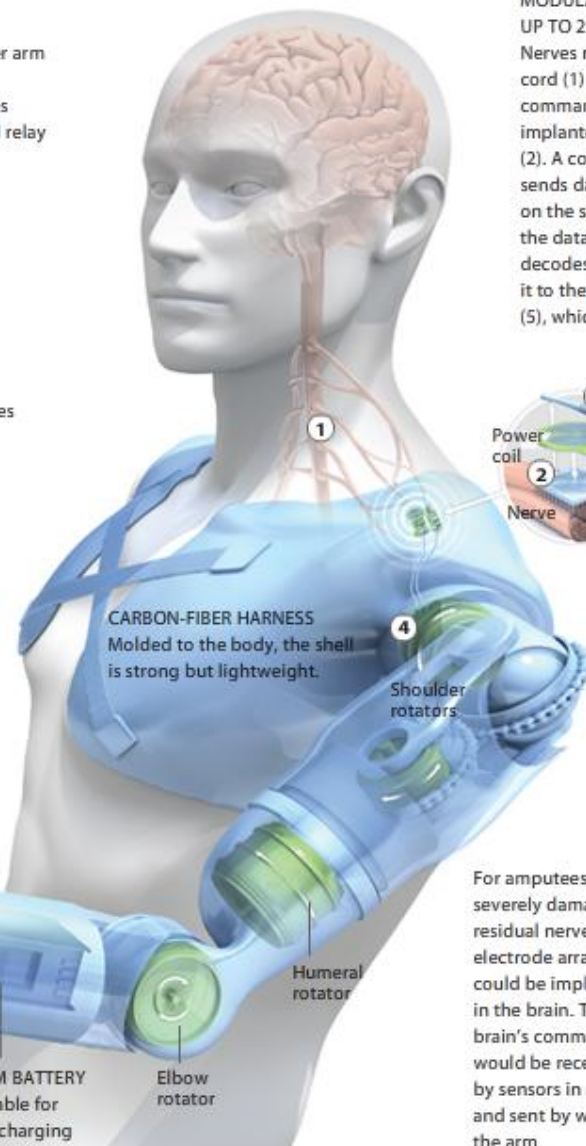
## PROTO 1 7 MOVEMENTS

Nerves that once reached the lower arm are rerouted into other muscles. Electrodes placed on those muscles capture the brain's commands and relay them by wires in the prosthesis.



## MODULAR PROSTHETIC LIMB UP TO 22 MOVEMENTS

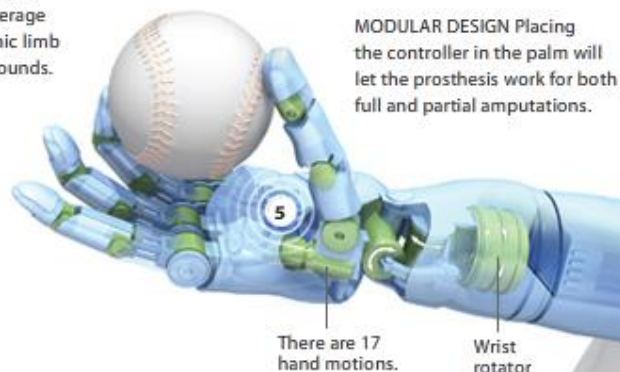
Nerves running from the spinal cord (1) will send the brain's commands to electrode arrays implanted in the residual nerves (2). A computer chip on each array sends data wirelessly to a receiver on the skin (3). The receiver wires the data to another chip (4) that decodes the command and wires it to the limb controller in the palm (5), which sets the motors in motion.



**WEIGHT** Seven to eight pounds, like the average adult arm. The bionic limb can curl up to 60 pounds.

## SENSORY DATA

Fingertip nodes will detect pressure, vibration, and temperature. The data will be sent wirelessly to the electrode arrays, then back through the nerves to the brain.



**MODULAR DESIGN** Placing the controller in the palm will let the prosthesis work for both full and partial amputations.

For amputees with severely damaged residual nerves, electrode arrays could be implanted in the brain. The brain's commands would be received by sensors in a cap and sent by wire to the arm.

HIRAM HENRIQUEZ, NG STAFF; JENNY WANG. ART BY BRYAN CHRISTIE  
SOURCES: REHABILITATION INSTITUTE OF CHICAGO; JOHNS HOPKINS UNIVERSITY  
APPLIED PHYSICS LABORATORY; UNIVERSITY OF UTAH

# Targeted muscle reinnervation

- TMR yields significant improvement in neuroma pain
- TMR style nerve transfer provides end organ/muscle for nerve to grow into

1. Souza J M, Cheesborough J E, Ko J H, Cho M S, Kuiken T A, Dumanian G A. Targeted muscle reinnervation: a novel approach to postamputation neuroma pain. *Clin Orthop Relat Res.* 2014;472(10):2984–2990.

2. Pierce R O Jr, Kernek C B, Ambrose T A II. The plight of the traumatic amputee. *Orthopedics.* 1993;16(7):793–797.



## BRIEF REPORT

## Robotic Leg Control with EMG Decoding in an Amputee with Nerve Transfers

Levi J. Hargrove, Ph.D., Ann M. Simon, Ph.D., Aaron J. Young, M.S.,  
Robert D. Lipschutz, C.P., Suzanne B. Finucane, M.S.,  
Douglas G. Smith, M.D., and Todd A. Kuiken, M.D., Ph.D.

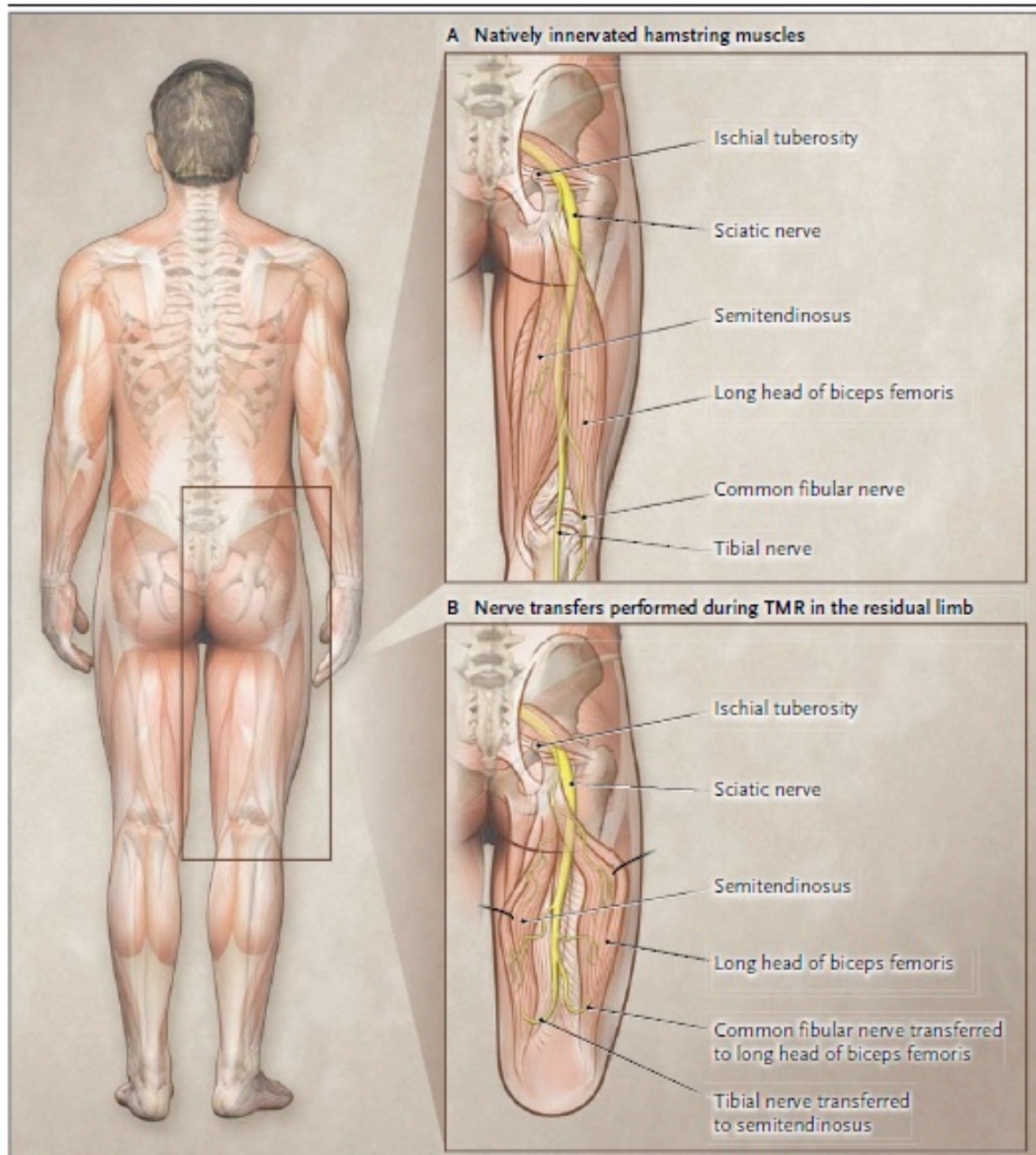
## SUMMARY

The clinical application of robotic technology to powered prosthetic knees and ankles is limited by the lack of a robust control strategy. We found that the use of electromyographic (EMG) signals from natively innervated and surgically reinnervated residual thigh muscles in a patient who had undergone knee amputation improved control of a robotic leg prosthesis. EMG signals were decoded with a pattern-recognition algorithm and combined with data from sensors on the prosthesis to interpret the patient's intended movements. This provided robust and intuitive control of ambulation — with seamless transitions between walking on level ground, stairs, and ramps — and of the ability to reposition the leg while the patient was seated.

## CASE REPORT

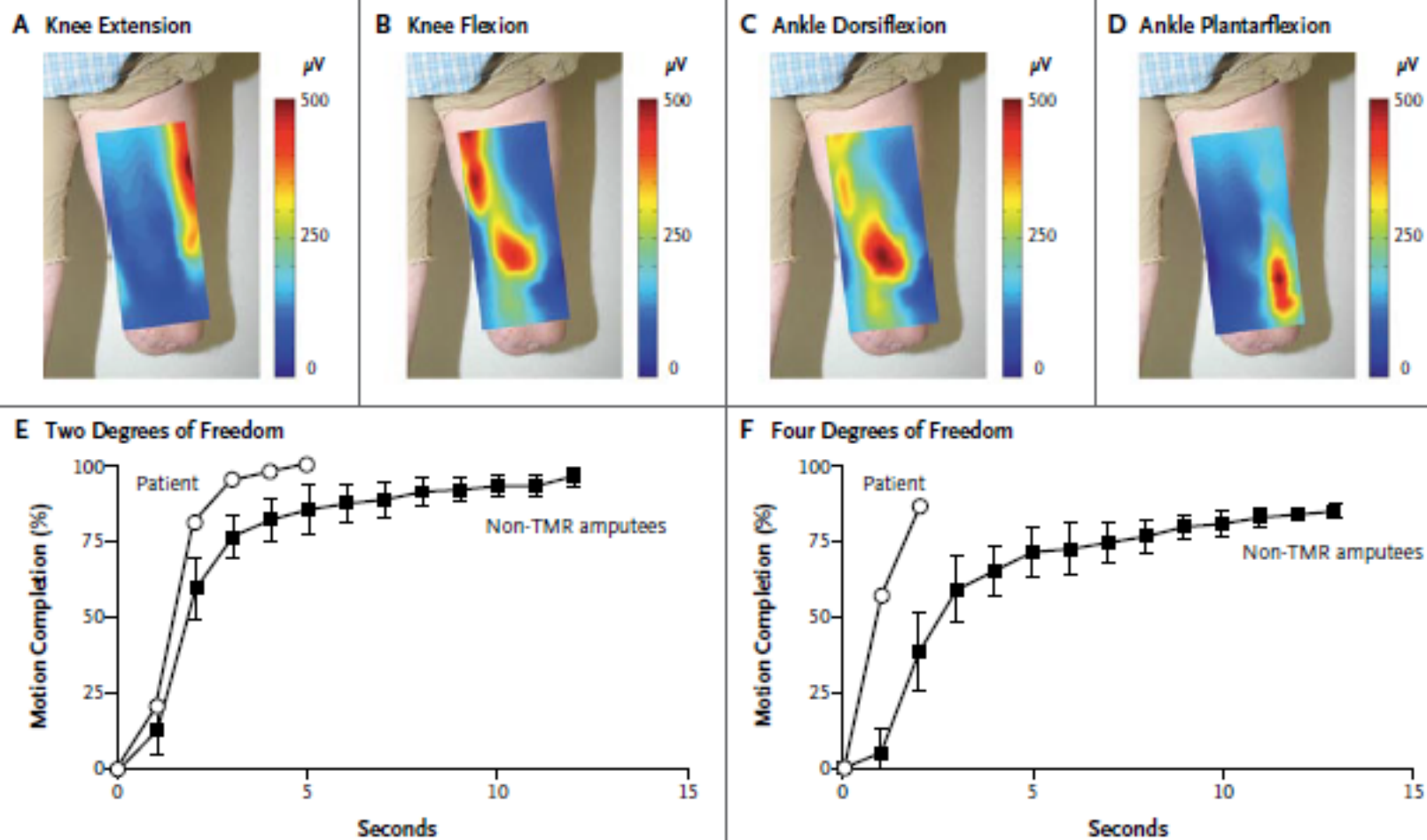
A 31-year-old man underwent a knee-disarticulation amputation in 2009, approximately 36 hours after a motorcycle collision. During the amputation surgery, two nerve transfers were performed to prevent neuroma formation.<sup>1</sup> The severed sciatic nerve was separated into its tibial and common peroneal branches. Small nerve branches to the distal portions of the residual semitendinosus muscle and the long head of the biceps femoris muscle (Fig. 1) were located and cut where the nerves entered their respective muscles. The tibial nerve branch was then sewn over the motor point on the semitendinosus, and the common peroneal nerve branch was sewn over the motor point on the long head of the biceps femoris, thus allowing the transferred nerves to reinnervate these hamstring muscles. This surgery is analogous to targeted muscle reinnervation (TMR) surgery that is performed as part of arm amputation to improve the control of motorized arm prostheses.<sup>2</sup> As expected from our experience with TMR, discrete contractions in reinnervated muscles developed after a few months. When the patient attempted dorsiflexion of his missing foot, a contraction could be seen and palpated in the distal semitendinosus. Similarly, contraction of the distal long head of the biceps femoris occurred when he attempted plantarflexion of his missing foot.





**Figure 1. Natively Innervated and Surgically Reinnervated Residual Thigh Muscles.**

Posterior views of the anatomy of the upper thigh show natively innervated hamstring muscles (Panel A) and nerve transfers performed during targeted muscle reinnervation (TMR) surgery (Panel B) in the residual limb.



**Figure 2. Evaluation of Muscle Reinnervation Patterns.**

Photographs show an anterior view of the patient's residual limb with superimposed maps of electromyographic (EMG) signal amplitude corresponding to knee extension (Panel A), knee flexion (Panel B), ankle dorsiflexion (Panel C), and ankle plantarflexion (Panel D). Colors indicate the level of EMG activity: areas of high EMG activity, corresponding to strong muscular contractions, are red; areas with little EMG activity are blue. Real-time testing showed that the patient completed motions faster than did non-TMR transfemoral amputees<sup>4</sup> for both two degrees of freedom (ankle plantarflexion and dorsiflexion and knee flexion and extension) (Panel E) and four degrees of freedom (ankle plantar flexion and dorsiflexion, knee flexion and extension, tibial rotation, and femoral rotation) (Panel F). I bars indicate standard deviations.

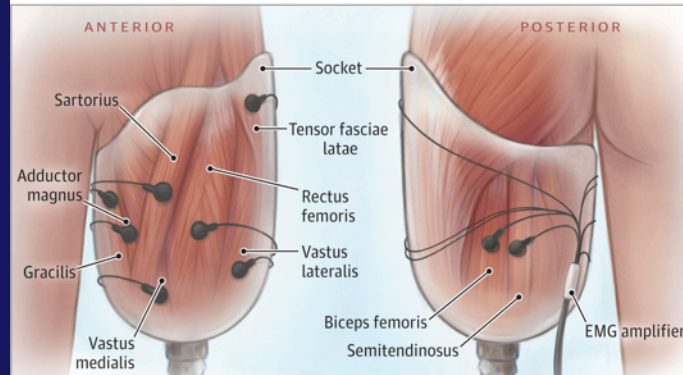




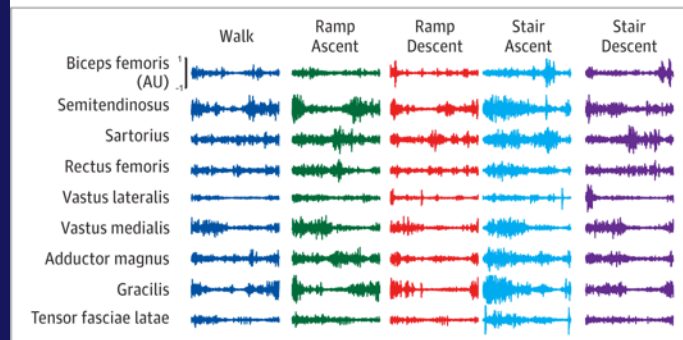
**Figure 3. Stair Ascent with Reciprocal Gait with the Use of the TMR-Enhanced Control System.**

The patient perceived that the TMR-enhanced system provided intuitive control during ambulation and non-weight-bearing activities. The reduced error rate enabled him to ambulate confidently and transition seamlessly among all modes with near-normal gait kinematics. The patient

**Acquisition of EMG Data**

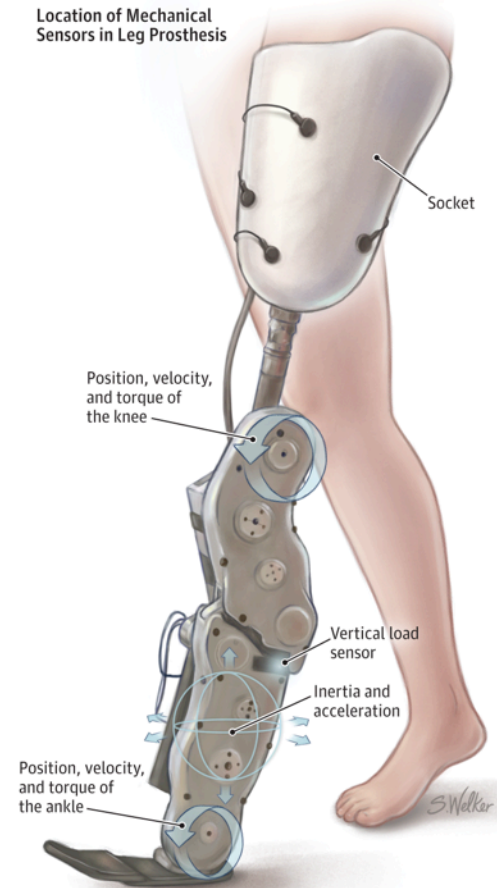


Surface EMG data were recorded from 9 residual limb muscles that normally contract during ambulation.



Representative EMG sensor data from 1 patient during each ambulation mode. Each trace represents data from a single stride (defined as heel contact to heel contact) of the prosthetic leg.

**Location of Mechanical Sensors in Leg Prosthesis**



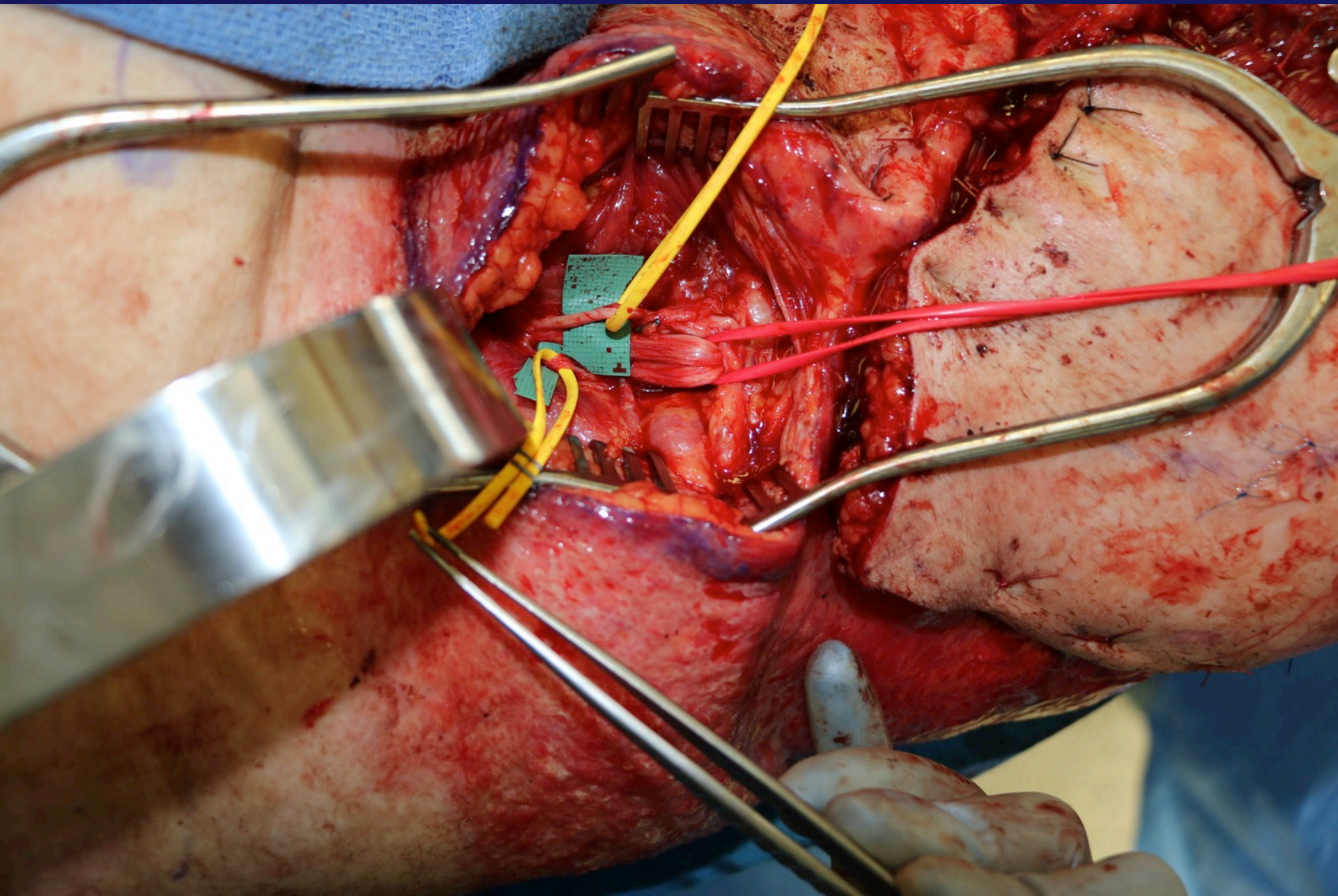
Transfemoral amputee

Immediate TMR









Another UF patient

Delayed TMR

Neuroma pain

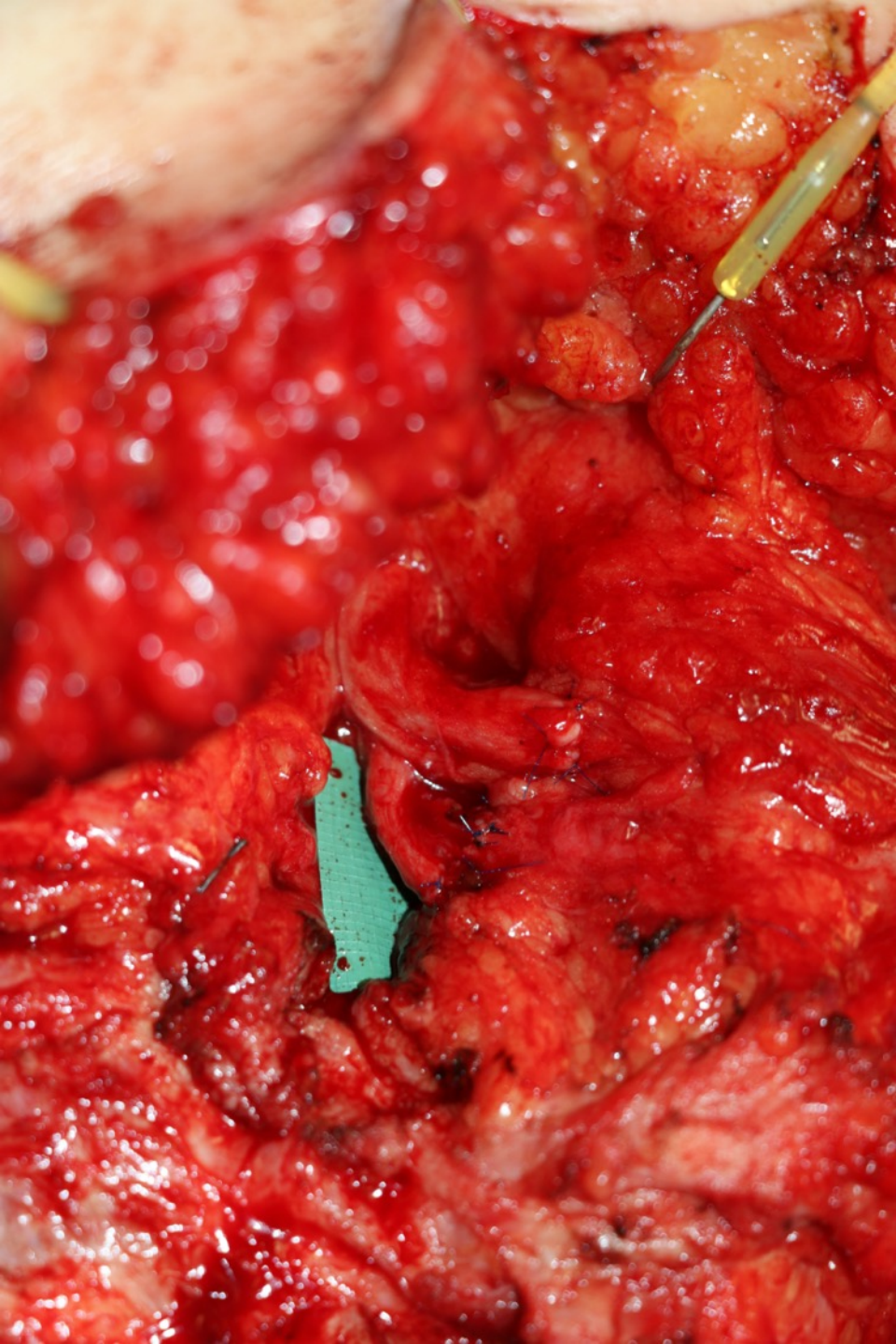
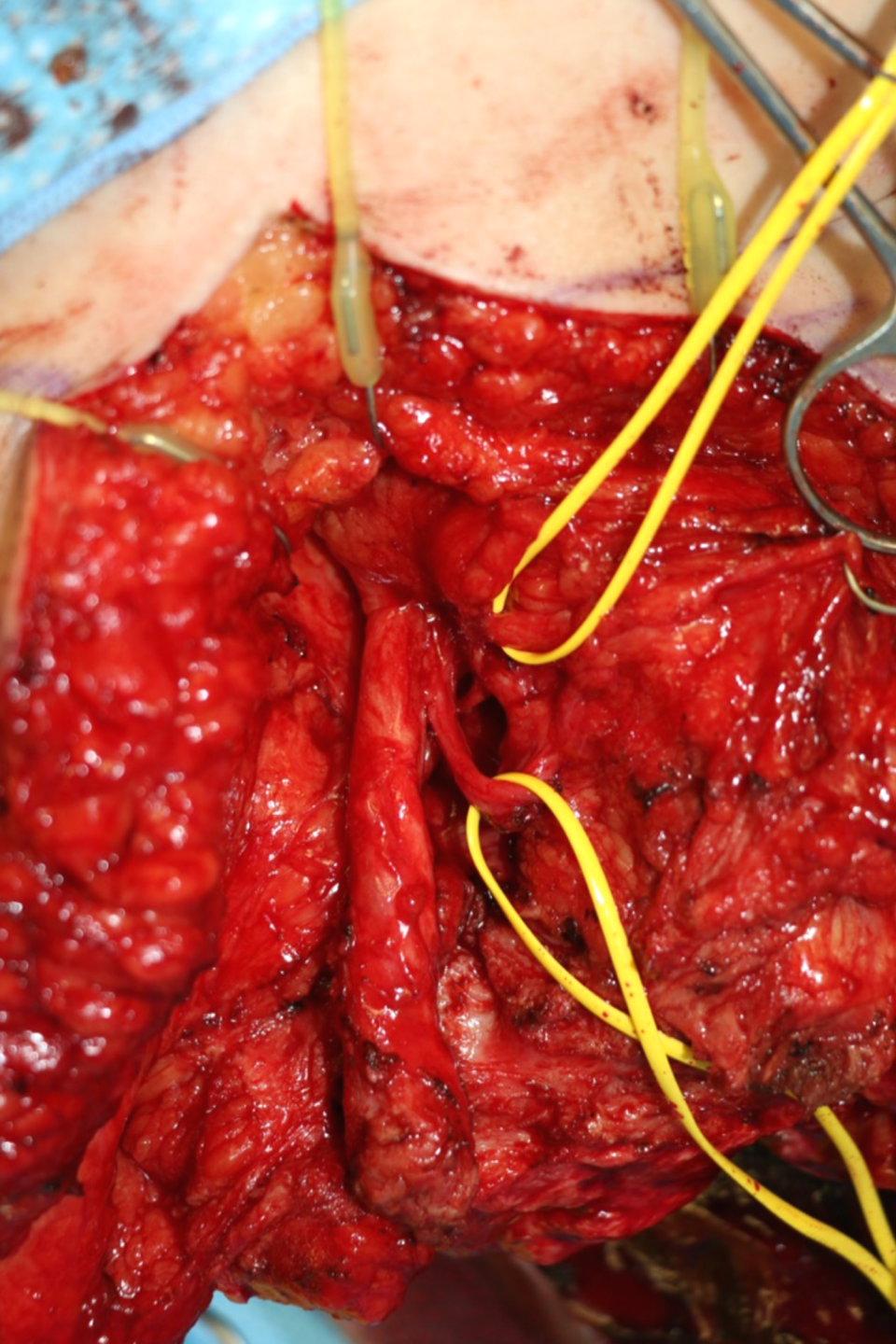
Stump pain

Unable to tolerate prosthesis













- Walking with prosthesis without pain
  - Skin grafted area over stump removed
  - Neuroma pain addressed

# Targeted Muscle Reinnervation Technique in Below-Knee Amputation

J. Byers Bowen, M.D., M.S.  
Daniel Ruter, B.S.  
Corinne Wee, M.D.  
Julie West, M.S., P.A.-C.  
Ian L. Valerio, M.D., M.S.,  
M.B.A.

*Columbus, Ohio*



**Summary:** Approximately 25 percent of major limb amputees will develop chronic localized symptomatic neuromas and phantom limb pain in the residual limb. A method to treat and possibly prevent these pain symptoms is targeted reinnervation. Previous studies prove that targeted reinnervation successfully treats and, in some cases, resolves peripheral neuropathy and phantom limb pain in patients who have undergone previous amputation (i.e., secondary targeted reinnervation). This article seeks to share the authors' clinical indications and surgical technique for targeted muscle reinnervation in below-knee amputation, a surgical description currently absent from our literature. Targeted reinnervation for the below-knee amputee has been performed on 22 patients at the authors' institution. Each patient has been followed on an outpatient basis for 1 year to evaluate symptoms of neuroma or phantom limb pain, patient satisfaction, and functionality. All subjects have denied neuroma pain following amputation. The majority of subjects reported phantom pain at 1 month. However, at 3 months, all patients reported resolution of this pain. Dumanian et al. first noted the improvement of symptomatic neuroma and phantom limb pain in patients undergoing targeted reinnervation to provide intuitive control of upper limb prostheses. These findings have been substantiated by multiple previous studies at various amputation levels. This study extends the success of targeted muscle reinnervation to below-knee amputations and provides a description for this technique. (*Plast. Reconstr. Surg.* 143: 309, 2019.)

**Table 1. Typical Nerve Transfers for Below-Knee Amputation**

Donor Nerve	Target Motor Nerve Branches
Posterior tibial nerve	Medial or lateral gastrocnemius; tibialis posterior; medial or lateral soleus
Deep peroneal nerve	Tibialis anterior; peroneus longus; peroneus brevis; medial soleus
Superficial peroneal nerve	Peroneus longus; peroneus brevis
Saphenous nerve	Medial gastrocnemius; medial soleus; vastus medialis
Sural nerve	Tibialis posterior; soleus

## RESULTS

Since 2015, we have performed targeted muscle reinnervation on 22 below-knee amputees, 18 primary and four secondary. None have developed symptomatic neuromas postoperatively, with a mean time since surgery of 18 months. Seventy-two percent of the primary targeted muscle reinnervation cohort experience phantom limb pain in the first month, with an abrupt decline to 19 percent at 3 months, and 13 percent at 6 months. These rates of symptomatic neuromas/phantom limb pain are of significant improvement compared with our institutional control groups. Moreover, this topic is specifically analyzed in an ongoing multi-institution study. Average time to prosthetic wear was under 3 months.



# Targeted Muscle Reinnervation Treats Neuroma and Phantom Pain in Major Limb Amputees

## *A Randomized Clinical Trial*

*Gregory A. Dumanian, MD,\* Benjamin K. Potter, MD,† Lauren M. Mioton, MD,\* Jason H. Ko, MD,\* Jennifer E. Cheesborough, MD,\* Jason M. Souza, MD,† William J. Ertl, MD,‡ Scott M. Tintle, MD,† George P. Nanos, MD,† Ian L. Valerio, MD,§ Todd A. Kuiken, MD, PhD,\* A. Vania Apkarian, PhD,¶ Kyle Porter, MAS,|| and Sumanas W. Jordan, MD, PhD\*§*

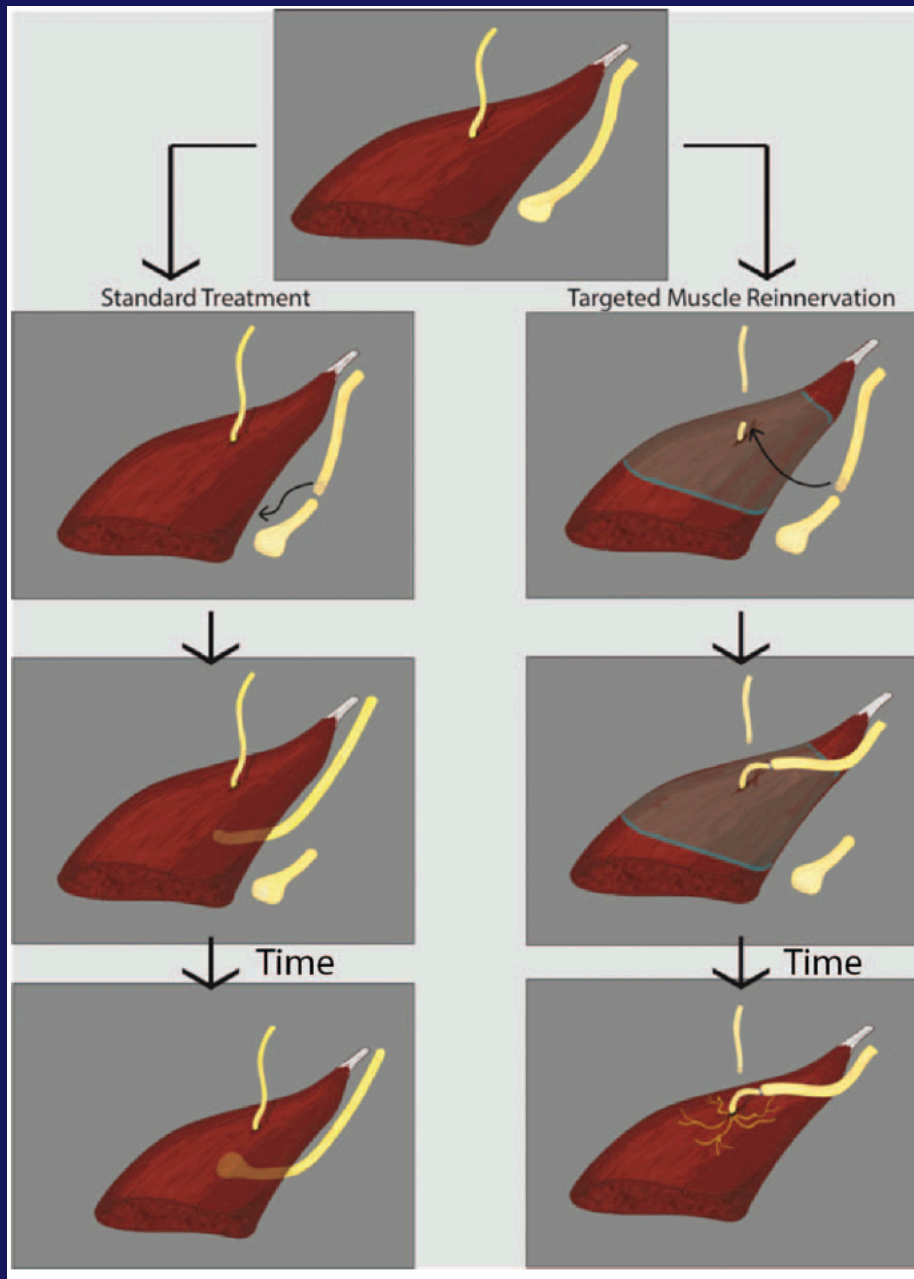
**Objective:** To compare targeted muscle reinnervation (TMR) to “standard treatment” of neuroma excision and burying into muscle for postamputation pain.

**Summary Background Data:** To date, no intervention is consistently effective for neuroma-related residual limb or phantom limb pain (PLP). TMR is a nerve transfer procedure developed for prosthesis control, incidentally found to improve postamputation pain.

**Methods:** A prospective, randomized clinical trial was conducted. 28 amputees with chronic pain were assigned to standard treatment or TMR. Primary

outcome was change between pre- and postoperative numerical rating scale (NRS, 0–10) pain scores for residual limb pain and PLP at 1 year. Secondary outcomes included NRS for all patients at final follow-up, PROMIS pain scales, neuroma size, and patient function.

**Results:** In intention-to-treat analysis, changes in PLP scores at 1 year were 3.2 versus –0.2 (difference 3.4, adjusted confidence interval (aCI) –0.1 to 6.9, adjusted  $P = 0.06$ ) for TMR and standard treatment, respectively. Changes in residual limb pain scores were 2.9 versus 0.9 (difference 1.9, aCI –0.5 to 4.4,  $P = 0.15$ ). In longitudinal mixed model analysis, difference



**FIGURE 1.** *Center top:* Schematic of muscle segment innervated by single motor nerve, and major mixed nerve ending in terminal neuroma. *Left:* Step 1, neuroma is excised. Step 2, freshened nerve is buried under a nearby muscle. Step 3, Over time, a new neuroma forms but is padded or protected by the overlying muscle. *Right:* Step 1, neuroma is excised and motor nerve innervating the muscle segment is divided creating a denervated muscle segment (blue shading). Step 2, freshened nerves are coapted. Step 3, major mixed nerve reinnervates muscle segment.

# Results

- Prospective single blinded RCT
- Northwestern, Walter Reed
- Intended to recruit 200 patients but stopped early
- 28 major limb amputees randomized to standard neuroma surgery vs TMR
- Reduction in **phantom limb pain** scores at 1 year was significantly greater in the TMR group compared to standard treatment
- Change scores for **residual limb pain** were favorable for TMR





# Preemptive Treatment of Phantom and Residual Limb Pain with Targeted Muscle Reinnervation at the Time of Major Limb Amputation



Ian L Valerio, MD, MS, MBA, FACS, Gregory A Dumanian, MD, FACS, Sumanas W Jordan, MD, PhD, Lauren M Mioton, MD, J Byers Bowen, MD, Julie M West, MS, PA-C, Kyle Porter, MAS, Jason H Ko, MD, Jason M Souza, MD, Benjamin K Potter, MD, FACS

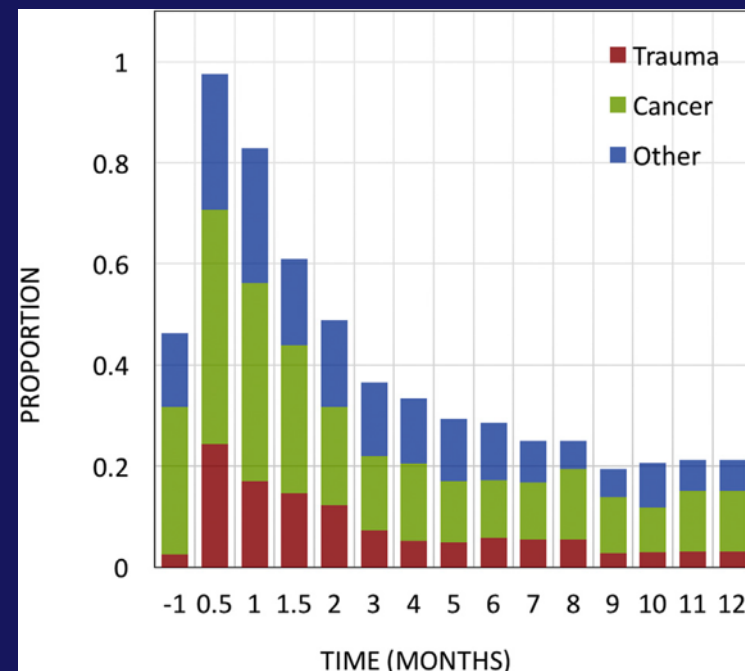
- BACKGROUND:** A majority of the nearly 2 million Americans living with limb loss suffer from chronic pain in the form of neuroma-related residual limb and phantom limb pain (PLP). Targeted muscle reinnervation (TMR) surgically transfers amputated nerves to nearby motor nerves for prevention of neuroma. The objective of this study was to determine whether TMR at the time of major limb amputation decreases the incidence and severity of PLP and residual limb pain.
- STUDY DESIGN:** A multi-institutional cohort study was conducted between 2012 and 2018. Fifty-one patients undergoing major limb amputation with immediate TMR were compared with 438 unselected major limb amputees. Primary outcomes included an 11-point Numerical Rating Scale (NRS) and Patient-Reported Outcomes Measurement Information System (PROMIS) pain intensity, behavior, and interference.
- RESULTS:** Patients who underwent TMR had less PLP and residual limb pain compared with untreated amputee controls, across all subgroups and by all measures. Median “worst pain in the past 24 hours” for the TMR cohort was 1 out of 10 compared to 5 (PLP) and 4 (residual) out of 10 in the control population ( $p = 0.003$  and  $p < 0.001$ , respectively). Median PROMIS t-scores were lower in TMR patients for both PLP (pain intensity [36.3 vs 48.3], pain behavior [50.1 vs 56.6], and pain interference [40.7 vs 55.8]) and residual limb pain (pain intensity [30.7 vs 46.8], pain behavior [36.7 vs 57.3], and pain interference [40.7 vs 57.3]). Targeted muscle reinnervation was associated with 3.03 (PLP) and 3.92 (residual) times higher odds of decreasing pain severity compared with general amputee participants.
- CONCLUSIONS:** Preemptive surgical intervention of amputated nerves with TMR at the time of limb loss should be strongly considered to reduce pathologic phantom limb pain and symptomatic neuroma-related residual limb pain. (J Am Coll Surg 2019;228:217–226. © 2019 Published by Elsevier Inc. on behalf of the American College of Surgeons.)

# Study Design


- Multi-institutional cohort study
- 51 patients undergoing major limb amputation with immediate TMR
- Compared with 438 unselected major limb amputees
- Primary outcomes
  - 11 point numerical rating scale (NRS)
  - Patient reported outcomes measurement information system (PROMIS) pain intensity, behavior, interference

# Results

- Immediate TMR significantly reduced NRS and PROMIS pain scores
- TMR associated with higher odds of decreasing pain severity compared to general amputees
  - Phantom limb pain (3.03)
  - Residual limb pain (3.92)
- Decreased opioid use over time following TMR



# Targeted muscle reinnervation in oncologic amputees: Early experience of a novel institutional protocol

John H. Alexander MD<sup>1</sup> | Sumanas W. Jordan MD, PhD<sup>2</sup> | Julie M. West MS, PA-C<sup>3</sup> | Amy Compston PT, DPT, CRT, CLT-LANA<sup>4</sup> | Jennifer Fugitt PT, MPT, OCS<sup>2</sup> | J. Byers Bowen MD, MS<sup>3</sup> | Gregory A. Dumanian MD<sup>2</sup> | Raphael Pollock MD, PhD<sup>5</sup> | Joel L. Mayerson MD<sup>1</sup>  | Thomas J. Scharschmidt MD, MBOE<sup>1</sup> | Ian L. Valerio MD, MS, MBA, FACS<sup>3</sup>

<sup>1</sup>Department of Orthopaedics, The Ohio State University James Wexner Medical Center, Columbus, Ohio

<sup>2</sup>Division of Plastic Surgery, Northwestern University Feinberg School of Medicine, Chicago, Illinois

<sup>3</sup>Department of Plastic Surgery, The Ohio State University Wexner Medical Center, Columbus, Ohio

<sup>4</sup>Department of Oncologic Rehabilitation, The Ohio State University James Comprehensive Cancer Center, Columbus, Ohio

<sup>5</sup>Division of Surgical Oncology, The Ohio State University Wexner Medical Center, Columbus, Ohio

## Correspondence

Ian L. Valerio, Departments of Plastic Surgery, Orthopaedics, General Surgery, The Ohio State University Wexner Medical Center, 915 Olentangy River Road, Suite 2100, Columbus, IL 43212.

Email: ian.valerio@osumc.edu

## Abstract

**Background:** We describe a multidisciplinary approach for comprehensive care of amputees with concurrent targeted muscle reinnervation (TMR) at the time of amputation.

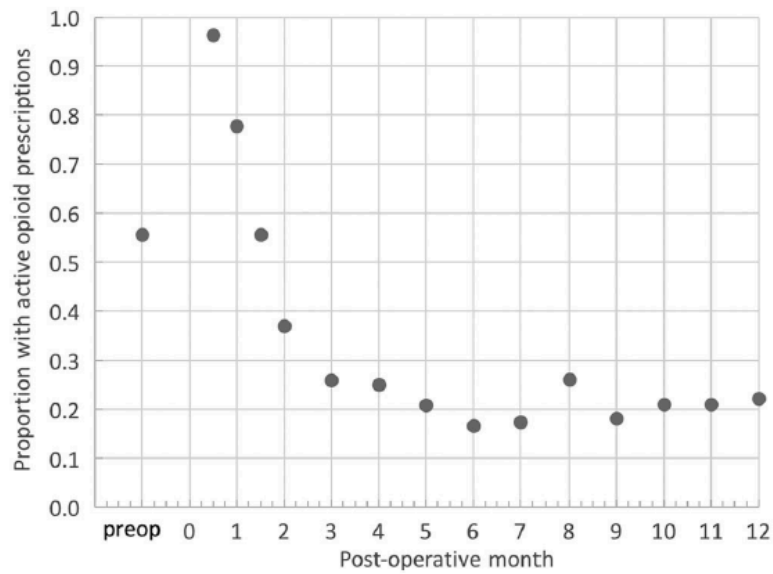
**Methods:** Our TMR cohort was compared to a cross-sectional sample of unselected oncologic amputees not treated at our institution (N = 58). Patient-Reported Outcomes Measurement Information System (NRS, PROMIS) were used to assess postamputation pain.

**Results:** Thirty-one patients underwent amputation with concurrent TMR during the study; 27 patients completed pain surveys; 15 had greater than 1 year follow-up (mean follow-up 14.7 months). Neuroma symptoms occurred significantly less frequently and with less intensity among the TMR cohort. Mean differences for PROMIS pain intensity, behavior, and interference for phantom limb pain (PLP) were 5.855 (95%CI 1.159-10.55;  $P = .015$ ), 5.896 (95%CI 0.492-11.30;  $P = .033$ ), and 7.435 (95%CI 1.797-13.07;  $P = .011$ ) respectively, with lower scores for TMR cohort. For residual limb pain, PROMIS pain intensity, behavior, and interference mean differences were 5.477 (95%CI 0.528-10.42;  $P = .031$ ), 6.195 (95%CI 0.705-11.69;  $P = .028$ ), and 6.816 (95%CI 1.438-12.2;  $P = .014$ ), respectively. Fifty-six percent took opioids before amputation compared to 22% at 1 year postoperatively.

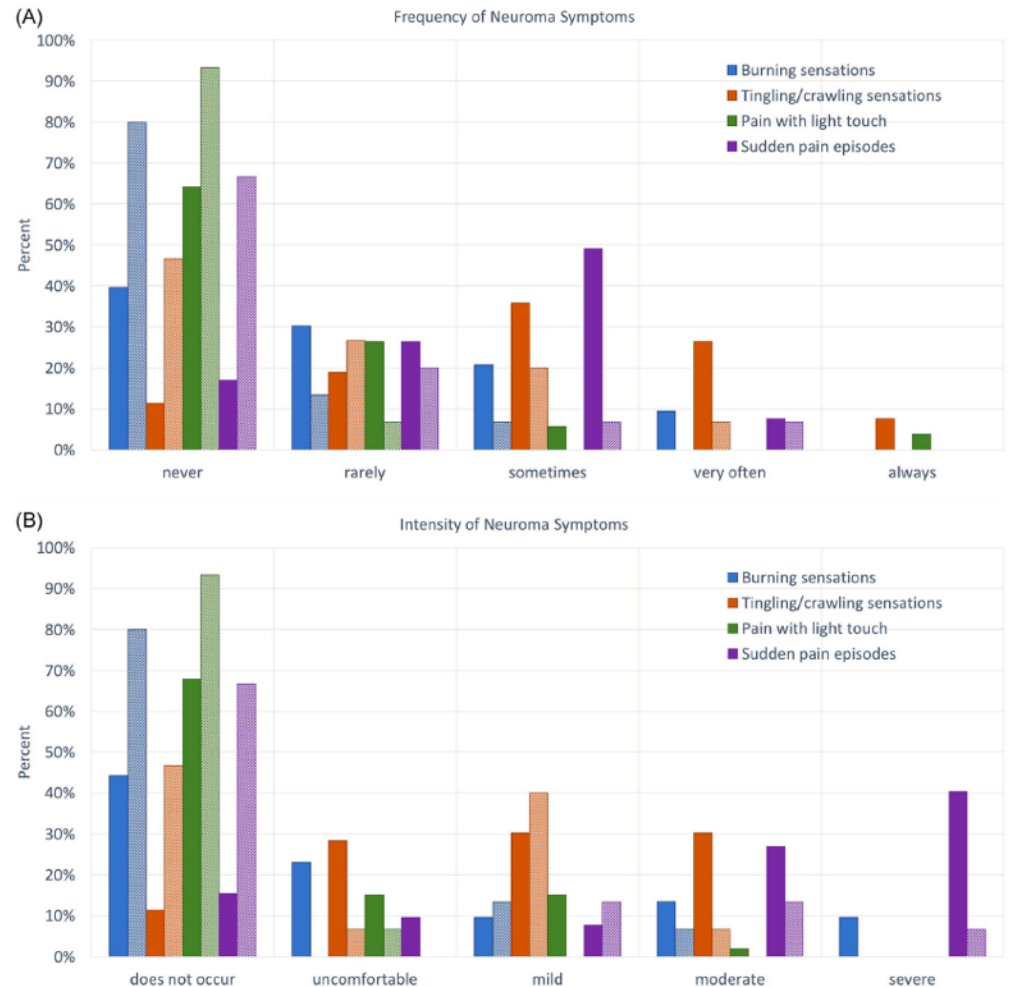
**Conclusions:** Multidisciplinary care of amputees including concurrent amputation and TMR, multimodal postoperative pain management, amputee-centered rehabilitation, and peer support demonstrates reduced incidence and severity of neuroma and PLP.

## KEYWORDS

neuroma, pain management, phantom limb pain, residual limb pain



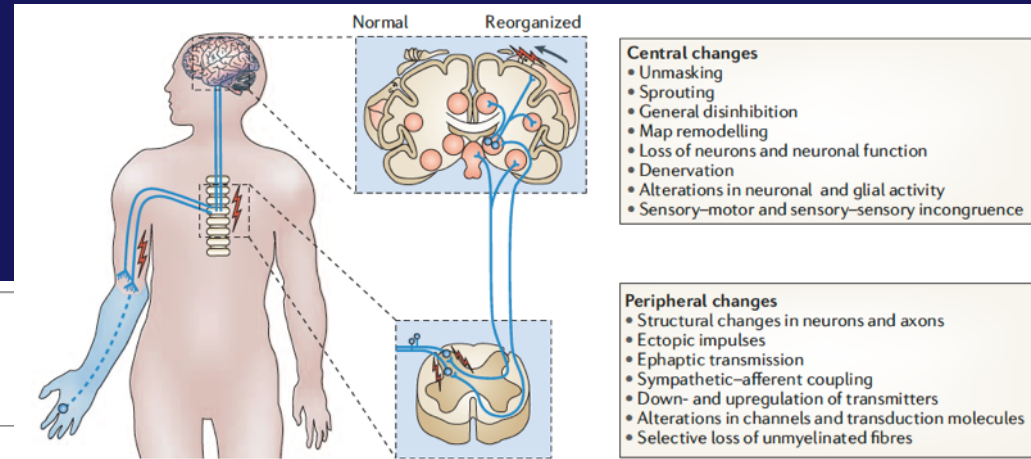
**FIGURE 1** Opioid prescriptions for TMR-treated oncologic amputees. Time zero represents the day of amputation and TMR. TMR, targeted muscle reinnervation



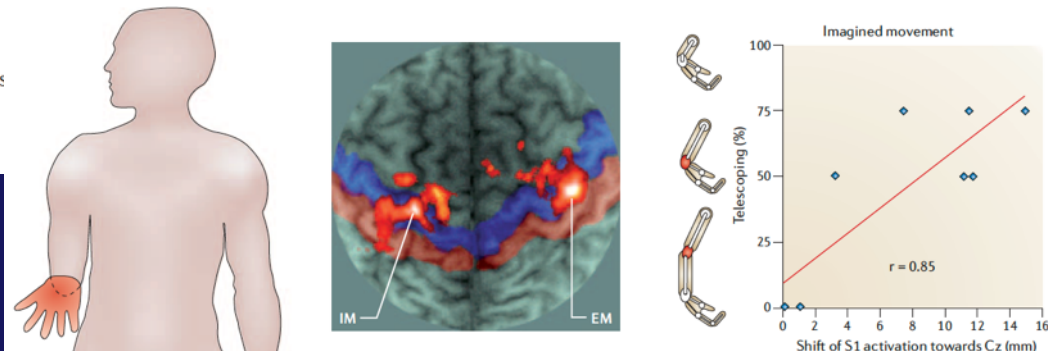
**FIGURE 2** Frequency (A) and intensity (B) of neuroma symptoms at last follow-up. Dark solid bars represent the general cohort; lighter shaded bars represent the TMR cohort. All general versus TMR comparisons are statistically significant by nonparametric regression with  $P < .05$ . TMR, targeted muscle reinnervation [Color figure can be viewed at [wileyonlinelibrary.com](http://wileyonlinelibrary.com)]



# Chronic phantom pain leads to irreversible changes in the brain



**Figure 1 | A schematic diagram of the areas involved in the generation of phantom limb pain and the main peripheral and central mechanisms.** The peripheral areas include the residual limb and the dorsal root ganglion, and the central areas include the spinal cord and supraspinal centres such as the brainstem, thalamus, cortex and limbic



**Figure 3 | Brain correlates of the telescoping phenomenon.** The phenomenon of telescoping refers to the shrinking and retraction of the phantom towards the residual limb (left). The middle panel shows brain activation related to the imagined movement (IM) of telescoped and non-telescoped phantoms. The representation of the movement in the primary somatosensory (SI) cortex (red shading) follows the perceived location of the movement (opening and closing of the hand) and not the actual anatomical location (hand area). Completely telescoped phantoms create activity in the cortical region that represents the shoulder, partially telescoped phantoms in the region of the arm and non-telescoped phantoms in the hand region. EM denotes the cortical activation related to executed movements of the intact hand and

indicates where the representation of the hand in the SI cortex is located. The right panel shows the correlation coefficient that was computed for the amount of telescoping (0–100%) and the activation related to the perceived movement of the phantom in the SI cortex with the distance of the maximally activated voxels from the central midline position of the cortex (Cz) computed in millimetres. The correlation was significant in the SI, but not in the primary motor cortex (blue shading). This indicates that pain-free amputees might experience reactivation of the deafferented cortical representation zone related to that hand, whereas amputees without pain might not, which could be related to their pain. The data also indicate that this effect might originate directly in the SI cortex, and is not mediated by the motor cortex.

## Phantom limb pain: a case of maladaptive CNS plasticity?

Herta Flor\*, Lone Nikolajsen† and Troels Staehelin Jensen§

**Abstract |** Phantom pain refers to pain in a body part that has been amputated or deafferented. It has often been viewed as a type of mental disorder or has been assumed to stem from pathological alterations in the region of the amputation stump. In the past decade, evidence has accumulated that phantom pain might be a phenomenon of the CNS that is related to plastic changes at several levels of the neuraxis and especially the cortex. Here, we discuss the evidence for putative pathophysiological mechanisms with an emphasis on central, and in particular cortical, changes. We cite both animal and human studies and derive suggestions for innovative interventions aimed at alleviating phantom pain.



# UF Limb Salvage Team

Improving outcomes through  
multidisciplinary care

In amputees

But also reducing amputations

**Funding:** No

**OA:** No

**Article Type:** Scientific Articles

doi:10.2106/JBJS.20.00022

# Function-Sparing Free Split Latissimus Dorsi Flap for Lower- Extremity Reconstruction

## Five-Year Consecutive Single-Surgeon Series

Harvey Chim, MD<sup>1</sup>, Rachel Cohen-Shohet, MD<sup>1</sup>, Mariel M. McLaughlin, BS<sup>1</sup>, and Tosan Ehanire, MD<sup>1</sup>

*<sup>1</sup>Division of Plastic and Reconstructive Surgery, Department of Surgery, University of Florida College of Medicine, Gainesville, Florida*

*Email address for H. Chim: [harveychim@yahoo.com](mailto:harveychim@yahoo.com)*

ORCID iD for H. Chim: [0000-0002-6139-8708](https://orcid.org/0000-0002-6139-8708)

ORCID iD for R. Cohen-Shohet: [0000-0002-2873-9902](https://orcid.org/0000-0002-2873-9902)

ORCID iD for M.M. McLaughlin: [0000-0002-0816-0995](https://orcid.org/0000-0002-0816-0995)

ORCID iD for T. Ehanire: [0000-0003-1629-5782](https://orcid.org/0000-0003-1629-5782)

Investigation performed at the Division of Plastic and Reconstructive Surgery, Department of Surgery, University of Florida College of Medicine, Gainesville, Florida

**Disclosure:** The authors indicated that no external funding was received for any aspect of this work. The **Disclosure of Potential Conflicts of Interest** forms are provided with the online version of the article

(<http://links.lww.com/XXXXXXX>).

Trauma, Shoulder, Knee, Foot & Ankle

# Forthcoming in JBJS (Am)

- Consecutive series of free flaps for lower extremity reconstruction
- N=42
- Flap survival 95.2%
- Eventual limb salvage 100%
- Minimal donor site morbidity
  - Median DASH 0
  - Median SPADI pain/ disability scores 0
  - Median ASES score 100



# Conclusions

- Targeted muscle reinnervation (TMR) has been shown to have improved outcomes in amputees
  - Reducing neuroma pain
  - Potential for use of advanced myoelectric prostheses
- Trend towards immediate TMR in many centers
- UF limb salvage team
  - Reducing amputations
  - Improving outcomes for amputees

Thank you!

Questions?

Email: [harvey.chim@surgery.ufl.edu](mailto:harvey.chim@surgery.ufl.edu)